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## AU-PAIR – IN GERMANY

SOUTH GERMANY/BAVARIA

### **What is an "AU-PAIR"?**

Would you like to spend some time living with a family in Germany? This could be either in a large city or in a smaller town, or even in the countryside. Becoming an "Au-Pair" offers this opportunity to young women over eighteen.

### **What does "AU-PAIR" really mean?**

Being an "Au-Pair" means living at least six, but preferably twelve months with a German family. It enables a young woman to learn German and the German way of life. It also provides a general cultural background to the country and enhances later job prospects where knowledge of German is of importance.

### **What is expected of the "Au-Pair"?**

An "Au-Pair" has to help the lady of the house with the daily chores and care of the children for five or six hours a day. She may also be asked to babysit twice a week.

### **What are the duties of the host family?**

In return the host family provides board and lodging (own room), welcomes her as a family member, makes the attendance of classes at a language school possible, gives monthly pocket money and pays for her health insurance. The Family subsidizes the course of the au pairs with monthly 50.00 euros

### **What are the Conditions for the job?**

- the will to adapt to the mentality of the host family country
- basic knowledge of German
- basic knowledge of housekeeping
- experience in dealing with children
- Age between 18 to 26 years

### **Who are we?**

The IN VIA (IN VIA – Katholischer Verband für Mädchen- und Frauensozialarbeit – Deutschland e.V.) has its central office in Freiburg im Breisgau and is associated with the German Caritas. It is a member of the International Association ACISJF (Association Catholique Internationale de Services pour la Jeunesse Féminine), with its headquarters in Geneva. This work is based on the "European Agreement on Au-Pair Employment" of November 24th, 1969.

### **An au pair is like a family member for a given period of time in a fair equilibrium of give and take.**

- **Duration:** 6 to 12 months
- **Accommodation and meals:** will be made available by the host family free of charge. The au pair must be provided a separate, heatable and sufficiently furnished room in the family's house or flat, and a family contact (e.g. by being invited to take part in the family's meals) must be guaranteed.

- **Language of host family:** Au pairs are coming to Germany in order to improve their command of German. For this reason, German must be spoken by the family.
- **Working hours and type of help with housekeeping:** Help with housework will cover a maximum of 30 hours per week and should not exceed six hours per day, babysit included. Duties will comprise child care and light housework (e.g. preparing a simple meal, ironing, etc.).
- **Expenses covered by host family:** Monthly pocket money of € 260,-; health, accident and liability insurance; cost of medical examinations if requested by the authorities or by the host family; fares of transportation required to attend a language course in the closest possible vicinity of the family's residence.
- **Holidays:** Two days of paid leave per month of actual presence (whereby the Sundays are not considered as a day of leave). Public holidays are free or must be compensated by giving time off.
- **Free time:** The host family must allow a day and a half of uninterrupted free time per week covering a weekend at least once a month, and at least four free evenings per week.

▪ **Notice:**

The period of notice is 14 days. Termination of the contract must be in writing.

**Please contact our regional office:**

**IN VIA Nürnberg e.V.  
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Quelle:

IN VIA Kath. Verband für Mädchen- und Frauensozialarbeit Deutschland.  
Aktualisiert und bearbeitet von IN VIA Nürnberg e.V.